Dec. 3-7

Elementary Breakfast

Monday, Dec. 3: Breakfast burrito or bagel with toppings, fruit, milk.

Tuesday, Dec. 4: French toast sticks or cereal with yogurt, fruit, milk, juice.

Wednesday, Dec. 5: Breakfast burrito or fruit muffin with graham crackers, fruit, milk.

Thursday, Dec. 6: Cheesy scrambled eggs or bagel with toppings, fruit, milk, juice.

Friday, Dec. 7: Egg and cheese muffin or cereal with string cheese, fruit, milk.

Elementary Lunch

Monday, Dec. 3: Turkey and noodles, crackers, mixed vegetables, salad bar, milk.

Tuesday, Dec. 4: Chicken Alfredo with broccoli, garlic bread stick, beets, salad bar, milk.

Wednesday, Dec. 5:Whole grain cheese quesadilla, Mexican style pinto beans, seasoned carrots, salad bar, milk.

Thursday, Dec. 6: BBQ pulled pork on whole wheat bun, sweet potato fries, salad bar, milk.

Friday, Dec. 7: Hot dog on a bun, pork-n-beans, seasoned peas, salad bar, milk.

JR/SR High Breakfast

Everyday breakfast options: Breakfast burrito, breakfast bar, muffin/bagel of the day, fresh fruit, milk, juice (Tuesday and Thursday only).

JR/SR High Lunch

Monday, Dec. 3: Turkey and noodles, crackers, mixed vegetables, salad bar, milk.

Tuesday, Dec. 4: Chicken Alfredo with broccoli, garlic bread stick, beets, salad bar, milk.

Wednesday, Dec. 5: Cheese quesadilla, Mexican style pinto beans, seasoned carrots, salad bar, milk.

Thursday, Dec. 6: BBQ pulled pork, whole wheat bun, sweet potato fries, salad bar, milk.

Friday, Dec. 7: Hot dog on a bun, pork-n-beans, seasoned peas, salad bar, milk.

Holyoke Enterprise November 29, 2012