

## Another Perspective

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### **Did you fit all of your rocks in your bowl today?**

Time management is a huge issue in our busy, busy world. It seems that more and more households live hectic lives when you meet yourselves coming and going.

How do you find the balance between work, play, family, friends, exercise, church, volunteer activities, kids' activities, work-related activities and personal time? And we can't forget sleep and proper diet. Too many times sleep and eating healthy get shoved aside and the whole cart gets upset when illness, crankiness or the lack of focus subsides.

Priorities change throughout the years. You wouldn't miss a ball game when your kids are involved. But once they're out of the house, it might not be as crucial to make every single one. For some, it takes having a special person you want to go watch. For others, it's enjoyment of witnessing student talent, be it in sports, music, speech, etc. It just depends on priorities.

I started delivering the newspaper to subscribers at Imperial Parkview and Heights when we had a relative there. Now she has moved and I still fit that into my Wednesdays as I developed a passion for my new friends there.

I saw a demonstration recently which really hit home as I struggle to keep up. Picture these four items. A bowl, rocks, pebbles and sand.

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The Holyoke Enterprise Aug. 22, 2013