

## School menu

Written by Holyoke Enterprise

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### May 6-10

#### Elementary Breakfast

Monday, May 6: Sausage and cheese muffin, breakfast burrito or bagel with toppings, fruit, milk.

Tuesday, May 7: Ham and egg bagel, breakfast on a stick or muffin with cheese stick, fruit, milk, juice.

Wednesday, May 8: Ham and cheese muffin, sausage gravy with biscuit or cereal with yogurt, fruit, milk.

Thursday, May 9: Egg and cheese bagel, cheesy scrambled eggs or bagel with toppings, fruit, milk, juice.

Friday, May 10: Sausage, egg and cheese bagel, breakfast burrito or breakfast bar, fruit, milk.

#### Elementary Lunch

Monday, May 6: Hamburger gravy with whole wheat roll, mashed potatoes, seasoned corn, salad bar, milk.

Tuesday, May 7: Diced chicken Parmesan wrap, brown rice, seasoned peas, salad bar, milk.

Wednesday, May 8: Sloppy Joes, seasoned kidney beans, seasoned carrots, salad bar, milk.

Thursday, May 9: Baked ziti with cheese, green beans and dinner roll, apple square, salad bar, milk.

Friday, May 10: BBQ (hamburgers, hot dogs), pork-n-beans, potato salad, baked chips, milk.

#### JR/SR High Breakfast

Everyday breakfast options: Breakfast burrito, breakfast bar, muffin/bagel of the day, fresh fruit, milk, juice (Tuesday and Thursday only).

#### JR/SR High Lunch

Monday, May 6: Hamburger gravy with whole wheat roll, mashed potatoes, seasoned corn, salad bar, milk.

Tuesday, May 7: Diced chicken Parmesan wrap, brown rice, seasoned peas, salad bar, milk.

Wednesday, May 8: Sloppy Joes, seasoned kidney beans, seasoned carrots, salad bar, milk.

Thursday, May 9: Baked ziti with cheese, dinner roll, green beans, apple square, salad bar, milk.

Friday, May 10: BBQ (hamburgers, hot dogs), pork-n-beans, potato salad, baked chips, milk.

Holyoke Enterprise May 2, 2013