Jan. 14-18

Elementary Breakfast

Monday, Jan. 14: French toast sticks or cereal with string cheese, fruit, milk.

Tuesday, Jan. 15: Breakfast burrito or fruit muffin with graham cracker, fruit, milk, juice.

Wednesday, Jan. 16: Sausage and cheese bagel or bagel with toppings, fruit, milk.

Thursday, Jan. 17: Scrambled eggs or cereal with yogurt, fruit, milk, juice.

Friday, Jan. 18: Breakfast burrito or fruit muffin with string cheese, fruit, milk.

Elementary Lunch

Monday, Jan. 14: Beef and bean burrito, Mexican style black beans, Mexican style corn, salad bar, milk.

Tuesday, Jan. 15: Sausage links, French toast sticks, hash brown patty, salad bar, milk.

Wednesday, Jan. 16: BBQ pork sandwich, baked beans, baked french fries, salad bar, milk.

Thursday, Jan. 17: Hard-shell taco, refried beans, peas, salad bar, milk.

Friday, Jan. 18: Baked ziti, garlic breadstick, seasoned carrots, salad bar, milk.

JR/SR High Breakfast

Everyday breakfast options: Breakfast burrito, breakfast bar, muffin/bagel of the day, fresh fruit, milk, juice (Tuesday and Thursday only).

JR/SR High Lunch

Monday, Jan. 14: Beef and bean burrito, Mexican style black beans, Mexican style corn, salad bar, milk.

Tuesday, Jan. 15: Sausage links, French toast sticks, hash brown patty, salad bar, milk.

Wednesday, Jan. 16: BBQ pork sandwich, baked beans, french fries, salad bar, milk.

Thursday, Jan. 17: Hard-shell taco, refried beans, peas, salad bar, milk.

Friday, Jan. 18: Baked ziti, garlic breadstick, seasoned carrots, salad bar, milk.

Holyoke Enterprise January 10, 2013