

School menu

Written by Holyoke Enterprise

Sept. 24-28

Elementary Breakfast

Monday, Sept. 24: Breakfast burrito or bagel with toppings, baked apple slices, milk.

Tuesday, Sept. 25: French toast sticks or cereal choice with yogurt, peaches, milk, juice.

Wednesday, Sept. 26: Breakfast burrito or fruit muffin choice, sliced apples, milk.

Thursday, Sept. 27: Cheesy scrambled eggs or bagel with toppings, mandarin oranges, milk, juice.

Friday, Sept. 28: Egg and cheese muffin or cereal choice with string cheese, mixed fruit, milk.

Elementary Lunch

Monday, Sept. 24: Pork sausage, French toast sticks, hash brown patty, fruit and veggie bar, milk.

Tuesday, Sept. 25: Beef taco pie, tortilla shell rounds, seasoned beets, fruit and veggie bar,

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milk.

Wednesday, Sept. 26: Whole grain cheese quesadilla with salsa, baked tator tots, fruit and veggie bar, milk.

Thursday, Sept. 27: Sloppy Joe meat, bread slice, sweet potato fries, fruit and veggie bar, milk.

Friday, Sept. 28: BBQ pork rib on a whole grain bun, seasoned peas, fruit and veggie bar, milk.

JR/SR High Breakfast

Everyday breakfast options: Breakfast burrito, breakfast bar with cheese stick, cereal choice with cheese stick or muffin/bagel of the day, milk, juice (Tuesday and Thursday only).

JR/SR High Lunch

Monday, Sept. 24: Pork sausage, French toast sticks, hash brown patty, fruit and veggie bar, milk.

Tuesday, Sept. 25: Beef taco pie, tortilla shell rounds, beets, fruit and veggie bar, milk.

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Wednesday, Sept. 26: Cheese quesadilla with salsa, baked tator tots, fruit and veggie bar, milk.

Thursday, Sept. 27: Sloppy Joe meat, bread slice, sweet potato fries, fruit and veggie bar, milk.

Friday, Sept. 28: BBQ pork rib on whole grain bun, seasoned peas, fruit and veggie bar, milk.

Holyoke Enterprise September 20, 2012