

HHS sports practice schedules begin Monday

Written by Holyoke Enterprise

Football, volleyball and softball practices can begin Monday, Aug. 17, according to Colorado High School Activities Association.

HHS coaches announce the opening week practice times, as teams prepare for the 2009 fall sports season.

Before local students can participate, they must turn in physical forms, participation fees, proof of insurance and signed random drug test forms.

Volleyball coach Sandra Rahe said the team's first practice will be Monday from 6-8 p.m. After-school practices will begin Tuesday, Aug. 18, the first day of school for students.

Football coach Rod Trumper plans two-a-days the first full week of practice. Monday, Aug. 17, practices will be from 6-8 a.m. (be there by 5:30 a.m.) and 7-8:30 p.m. The schedule starting Tuesday will be first practice from 6-7:30 a.m. and second practice after school.

Softball coach Ashley Clayton said the first practice will be Monday from 6-8:30 p.m. After school practices will begin Tuesday, Aug. 18.

Junior high football practice will begin after school Tuesday, Aug. 18.

Junior high volleyball girls will have an after school meeting Tuesday, Aug. 18. The team's first practice will be after school Thursday, Aug. 20.